

Rogerson First Floor Activity Schedule

September 2019

Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 am	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle
10:00am	September Facts and Highlights Morning Music	Social Exchange	Dates to Celebrate	Songs & Greetings	News Currents	Social Exchange	Morning Exercise Hand Massages
10:30am	Chicken Soup for the Soul	Sensory Art Music & Manicures	Famous Places Healthy Rhythms	Today in History Get Up & Go	Famous Faces Instrument Extravaganza	Creative Movement	Sing & Play Word Fun
11:00am	Exercise Sunday Stroll	Book Club Hand Massages	Balloon Games Feel the Beat	Finish the Phrase	Sensory Play	Musical Games	Saturday Stroll
11:30am	Sunday Singing Brain Games	Morning Music	Remember When?	Sing-a-long Feel the Beat	Good Vibrations	Move & Groove	Good Vibrations
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Creative Stations Relaxation Room	Sensory Stations Relaxation Room	Game Stations Tunes for Two	Creative Stations	Puzzle Stations Hand Massages	Sensory Stations	Tabletop Tourneys Music & Relaxation
2:30pm	Creative Stations	Sensory Stations Putting Green	Game Stations Garden Tour	Creative Stations Hand Massages	Puzzle Stations Bowling Mindful Walking	Sensory Stations Bean Bag Toss	Table Stations Poetry on the Patio
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	Poetry Read-a-Loud	Louise's Variety Hour Tea Time	Humorous Poetry Music & Imagery	Mark's Men's Group	Remember when?	Travel Log Rosary	Music with Julie
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Evening Stretch
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:30pm	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer	Movie/ Wayne Cushing*	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer
September Events- Mark T 9/7 4:00 pm 1 st floor Car Wash 9/7 10-2 pm MFA 9/9 10:30 am Ron G 9/10 2:00 pm 1 st floor Mark T 9/11 7:00 pm ground floor Shabbat 9/13 11:00am 1 st floor Richard H 9/27 10:30 am ground floor Catholic Mass 9/23 2:30 pm 1 st floor MET-9/28 1:30 pm ground floor				*Fall Harvest Family Cookout 9/19 5-7 pm *JP Open Studio Celebration 9/27 3-5 pm *JP Open Studio Tours 9/28 & 9/29		Please see a member of the Therapeutic Programming Team with any questions.	

