



Rogerson House Ground Floor Activity Schedule January 2019

Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00am	Expressive Movement	Yoga Stretch	Morning Stretch	Exercise	Stay Fit! Coffee Club	Morning Exercise	Exercise
10:30am	Fiber Arts Sunday Golf	News and Views Music & Movement	January Facts and Highlights Drum Circle	Travel Plans Morning Music	Where in the World Variety hour	Musical Bingo Bowling	Today in History Walking Club
11:00am	Sunday Crosswords Sunday Golf	Finish the Phrase	Anagrams Painting Class	Crossword Challenge Get up & Go	Math Club	Haiku & You! Bowling	Name Game Walking Club
11:30am	Drawing Class	Winter Sing	Name that Tune Healthy Rhythms	Poetry Musical Games	Accapella Singing Moove & Groove	Moove & Groove	Healthy Rhythms
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Creative Stations	Creative Stations	Puzzle Stations Garden Walk	Game Stations	Art Stations Baking Club	Moove & Groove	Move & Groove
2:30pm	Creative Stations Nature Art	Community Art	Puzzle Stations Putting Green	Game Stations Seasonal Art	Art Stations Creative Improv	Table Games	Saturday Bingo
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	Poetry Club Tea Time	Name that Musical	American Bandstand	Accapella Singing Musicians Corner	Women in History Song Discussion Group	Creative Improv	Music Appreciation
5:00pm	Exercise	Evening Stretch	Exercise (LA)	Evening Stretch	Exercise	Evening Stretch	Evening Stretch
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00pm	Evening News	Evening News	Evening News	Evening News	Evening News	Evening News	Evening News
6:30pm	Movie/Entertainer	Movie/Entertainer	Wayne Cushing*	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer

January Events- 1/7 -MFA Trip 11:00 am 1/11-Shabbat 11:00 am 1/28-Catholic Mass 2:30 pm Fridays10:30 Dog visits with Maddie	KEY: Red: Sun Room Blue: Living Room Green: Art Room Purple: Relaxation Room Orange: Dining Room	Please see a member of the Therapeutic Programming Team with any questions.
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Rogerson House Ground Floor Activity Schedule – August 2018



August Special Events:

Special Notes:

Ahoy! We're sailing into beautiful weather with summer just around the corner. This means more outdoor activities and events. And boy, do we have a lot lined up for the month of June! The Little Brother Friends of the Elderly have been here a few times for their Friendship and Flowers program and now it is set as a regular monthly visit. Green City Growers are back twice a month through the summer helping residents and participants in the garden and making sure our backyard is lush and green. At the end of the month, we'll be having a Putting Green Championship to coincide with the PGA Senior Open and another addition of the Rogerson House MET featuring Swan Lake.

In addition to the monthly events, we have some new weekly activities. Friday evening's at 4 is our social hour on the back patio. And tuesday evenings at 6:30, Wanye Cushing will be entertaining residents with music, comedy and games.

August Birthdays:

