

Rogerson First Floor Activity Schedule

January 2019

Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 am	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle	Morning Mingle
10:00am	January Facts and Highlights Morning Music	Musical Weather Report	Dates to Celebrate	Songs & Greetings	News Currents	Morning Exercise	Memory Lane
10:30am	Morning Stretch Sensory Art	Sensory Art Music & Manicures	Famous Places Creative Improv	Expressive Movement Julie's Variety Hour	Famous Faces Copy That Beat	Get Up & Go!	Morning Exercise
11:00am	Chicken Soup for the Soul Sunday Stroll	Book Club Hand Massages	Balloon Games Move & Groove	Finish the Phrase	Sensory Play Morning time Crooners	Meditative Walk	Brain Games
11:30am	Sunday Singing Brain Games	Sing-a-long	Remember When? Good Vibrations	Sing-a-long Musical Games	Musical Senses	Move & Groove	Name that Tune
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Creative Stations Relaxation Room	Sensory Stations Relaxation Room	Game Stations Music & Relaxation	Creative Stations Music & Relaxation	Puzzle Stations Music & Relaxation	Sensory Stations Relaxation Room	Tabletop Tourneys Music and Relaxation
2:30pm	Creative Stations	Sensory Stations Putting Green	Game Stations Watercolors	Creative Stations Music & Relaxation	Puzzle Stations Bowling Open Studio	Sensory Stations Bean Bag Toss	Table Stations
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	Poetry Read-a-Loud	Louise's Variety Hour Tea Time	Humorous Poetry Rosary	Mark's Men's Group	Remember when?	Travel Log	Singing Together
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Evening Stretch
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00pm	Movie/Entertainer	Pet Stories	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer
6:30pm	Movie/Entertainer	Movie/Entertainer	Wayne Cushing*	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer	Movie/Entertainer

January Events-
 1/7-MFA Trip 11:00 am
 1/11-Shabbat 11:00 am
 1/28-Catholic Mass 2:30 pm
 Fridays Dog Visits with Maddie 10:30 am

KEY: Red: Sun Room
 Blue: Living Room
 Green: Art Room
 Purple: Relaxation Room
 Orange: Dining Room

Please see a member of the Therapeutic Programming Team with any questions.

