

Rogerson House Day Program Weekly Schedule – January 2019

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|--|---|--|--|--|
| 9:30 am | Breakfast Club | Breakfast Club | Breakfast Club | Breakfast Club | Breakfast Club |
| 10:00 am | Morning Stretch | Morning Stretch | Morning Stretch | Morning Stretch | Morning Stretch |
| 10:30 am | Armchair Travel 11:20 Musical Walk Hydration | Word Play Walking Group 11:20 Musical Walk Hydration | Poetry Word Find 11:20 Musical Walk Hydration | Today In History Walking Club 11:2 Musical Walk Hydration | News Currents 11:20 Musical Walk Hydration |
| 11:30 am | Better Balance Variety Hour | Sports Art Class/ Knitting Circle | Table Games Short Stories | Thursday Stretch Art Group | Sports Sort This Out |
| 12:30 pm | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:30 pm | Musical Games Tabletop Games | MACT Session Relaxation Stations | Song Discussion Puzzles | Musical Fitness Tabletop Games | Crossword Puzzle Bingo! |
| 2:30-3:00 pm | Singing Together | Music with Michi | Melodies with Michi | Afternoon Tunes | Music & Movement |

HAPPY NEW YEAR!!

We congratulate Ellie Arroyo for her promotion to Day Program Coordinator position, that she will begin in January.

Upcoming Events:

- 1/7 MFA 11:00 am**
- 1/11 Shabbat 11:00 am**
- 1/14 Visit with Daisy 2:30 pm**
- 1/28 Catholic Mass 2:30 pm**
- Visit with Daisy 2:30 pm**
- Fridays-Dog Visit with Maddie 10:30 am**



Shabbat: Fri. January 11th@ 11am

Fitness First: M-Th

Manicurist: Thursdays

Rosary: Every Tuesday@ 4:00

Hairdresser: Tuesdays



Drop Off/ Breakfast: 8:30-9:30am 3-course Hot Lunch: 12:30-1:30pm Refreshments available throughout the day