

Rogerson House Day Program Weekly Schedule – August 2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
10:00 am	Morning Stretch	Morning Stretch	Morning Stretch	Morning Stretch	Morning Stretch
10:30 am	Travelogue Picking Flowers	Chicken Soup for the Soul Painting in Fresh Air	Story Corps Morning Walk	Art History Gardening	News & Current Events Morning Walk
11:30 am	Better Balance Creation Stations	Word Play Seasonal Art	Poetry Community Art	Exercise with Karen Art Class	Sports! Tabletop Activities
12:30 pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:30 pm	Karen's Corner Sort This Out!	Musical Games Puzzles	Get up & Go Tabletop Activities	Healthy Rhythms Relaxation Stations	Crossword Puzzle Bingo
2:30-3:00 pm	Movement & Dance	Laughter Club	Music Through the Decades	Frozen Treats	Sing Along



Happy Summer!

Summer is rolling along. Day Program Coordinator Regina Wolf Fritz will be on vacation from August 13-28. During Regina's absence Karen Prest, the Therapeutic Program Director, will oversee daily operations of the Rogerson House Day Program. If you have any questions or concerns, please direct them to Karen who can be contacted at (617) 983-2300 x117 or prest@rogerson.org. Also, Care Partner Thereza Hussein will join the DP team for extra support, please give her a warm welcome.

Upcoming Events:

8/3, 8/31- Anna Higgins' Story Writing
8/8, 8/21 Date with Daisy
8/9 Visit to the MFA
8/24- Richard Hughes: Silent Movies

9/3- Labor Day (Day Program CLOSED)
9/22- JP Open Art Studios
9/23- Greater Boston: Walk to End Alzheimer's

Shabbat: Fri, August 17 @ 11am

Rosary: Every Tuesday @ 4:00pm

Cath. Mass: Mon, August 27

Fitness First: M-Th

Manicurist: Thursdays

Hairdresser: Tuesdays

Drop Off/Breakfast: 8:30-9:30am 3-course Hot Lunch: 12:30-1:30pm Refreshments available throughout the day