

## Rogerson House Day Program Weekly Schedule –April 2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
10:00 am	Morning Stretch	Morning Stretch	Morning Stretch	Morning Stretch	Morning Stretch
10:30 am	Word Games Gardening	Celia's Variety Hour Spring Walk/Crafts	Word Play Spring Walk	Art History Walking Club	Spring Plantings Travelogue
11:30 am	Yoga with Keith Art Class with Anna & Tiffany	Current Events Collages	Drawing Class Poetry	Tai Chi/Sports Baking Club	Story Telling/Sports Tabletop Tourneys
12:30 pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:30 pm	Bowling Spring Walk	Community Chorus Anagrams	Musical Senses Story Corps	Musical Games Relaxation Stations	Music Therapy with Lionel Crossword Puzzle
2:30-3:00 pm	Sing Along	Laughter Club Music with Lionel	Music through the Decades	Afternoon Treats	Music with Lionel



### Welcome Spring – Time to Grow

We are excited to welcome Green City Growers back at Rogerson House. Farmer Annie Gilmore will help us prepare our raised vegetable and flower beds at the beginning of April – then all we need is some sunshine, April showers and many helping hands. We are also planning a farm visit to the Natick Community Organic Farm.

On April 20 we kick off a series of science programs with JT Vannah, starting with a presentation on astronomer and astrophysicist Cecilia Payne.

**Shabbat:** 3<sup>rd</sup> Fri @ 11am

**Rosary:** Every Tuesday @ 1:30pm

**Fitness First:** M-Th

**Manicurist:** Thursdays

**Hairdresser:** Tuesdays

### Upcoming Events:

**Thursdays 2-3 pm**

**Friends & Family Coffee Hour**

4/2, 4/16 Green City Growers

4/3 Passover Seder (4-5 pm)

4/6, 4/13- Story Telling with Anna Higgins

4/17 Date with Daisy

4/20 Science program with JT

4/24 Farm Visit (rain date 4/25)

4/27- Richard Hughes: Silent Movies

Drop Off/Breakfast: 8:30-9:30am    3-course Hot Lunch: 12:30-1:30pm    Refreshments available throughout the day