

Rogerson House Day Program Weekly Schedule – March 2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 am	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
10:00 am	Morning Stretch	Morning Stretch	Morning Stretch	Morning Stretch	Morning Stretch
10:30 am	Flower Arranging 'Golden Gals'	Celia's Variety Hour Spring Walk	Word Play Spring Walk	Art History Walking Club	Spring Plantings Trivia with Marie
11:30 am	Yoga with Keith Community Art	Current Events Garden Art	TedTalk Spice Painting	Tai Chi/Sports Baking Club	Story Telling/Sports Puzzle Stations
12:30 pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:30 pm	Sports Spring Walk	Healthy Rhythms Anagrams	Song Writing Story Corps	Music Therapy with Julie Games and Puzzles	Crossword Puzzle Travelogue
2:30-3:00 pm	Pet of the Week	Music with Lionel	Music through the Decades	Afternoon Treats	Music with Lionel



<p><u>Walks</u> Spring is almost here and we try to get some fresh air every day. Please make sure that everyone interested in going for a walk brings appropriate clothing for the weather and to possibly get dirty (there is always some work to do in the greenhouse☺). Bring work gloves and gardening apron if you wish to.</p> <p><u>Pet of the Week</u> If you own a friendly, outgoing dog we invite you to bring them for 'Show and Tell'. Please talk to Regina if you are interested (617-983-2300 x 117 or wolf-fritz@rogerson.org).</p>	<p>Upcoming Events: Thursdays 2-3 pm: Friends & Family Coffee Hour (In the Family Resource Room next to entrance)</p> <p>3/2, 3/16 – Story Telling with Anna Higgins 3/6 Classical Performance by Boston Conservatory 3/8, 3/22 Tai Chi with Jill 3/20- First Day of Spring 3/23- Richard Hughes: Silent Movies</p>
<p>Shabbat: 3rd Fri @ 11am Rosary: Every Tuesday @ 1:30pm Fitness First: M-Th Manicurist: Thursdays Hairdresser: Tuesdays</p>	
<p>Drop Off/Breakfast: 8:30-9:30am 3-course Hot Lunch: 12:30-1:30pm Refreshments available throughout the day</p>	