

# Rogerson House Ground Floor Activity Schedule January 2018

Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am	News & Views	Today in History	Current Events	Dates to Celebrate	Current Events	News and Views	Today in History
10:00am	Expressive Movement	Yoga with Keith (10-11)	Morning Stretch	Exercise	Tai Chi with Jill Scrabble Club	Morning Stretch	Exercise
10:30am	Word Games	Yoga with Keith (10-11) Name 10	Anagrams Healthy Rhythms	Travel Plans	Tai Chi with Jill (til 11) Scrabble Club	Rhyme Time	Poetry
11:30am	Singing Together Fiber Arts*	Sing-a-long	Remember When? Winter Tunes	Crossword Challenge	Poetry Discussion Song Writing	Art History: Impressionism	Faces & Places
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Boston Trivia	Would You Rather..?	Lygia's Variety Hour Rosary (on FF) Sports Club*	Accapella Singing	Finish the Phrase Baking Club	Name that Tune	Fact or Fiction Musical Games
2:30pm	Balloon Tennis Collage Art*	Afternoon Sports	Conductorcise! Mini Manicures*	Shall we Dance	50s Favorite Tunes Scrabble Club	Remember When	Balloon Volleyball Music Appreciation
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	Memory Games Drawing Class	MJ's Variety Hour Seasonal Art	Sing-A-Long Walking Club*	Ancient Civilizations Knitting Circle The 60's Club	Women in History Music & Relaxation GCG*	Play Reading Musical Bingo Seasonal Art	Laughter Club
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00pm	Evening News	Legends of the Big Screen! Evening News	Community Choice* Evening News	Evening News	Evening News	Evening News	Evening News
7:00pm	Sun. Night Musical!	Poetry Reading	Classic Movie Night	Hallmark Holidays	Documentary	Comedy Night	Sat. Night Movie

**Please see reverse side for Special Events and Birthdays.**

This schedule is subject to change.

**KEY:** Red= Sun Room  
Blue= Living Room  
Green= Art Room  
Purple: Relaxation Room

Please see a member of the  
Therapeutic Programming Team with  
any questions.

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## January Special Events:

- 1/6 - Mark Tavenner (FF)
- 1/4 - Green City Growers (GF)
- 1/9 - Soothing-Touch-To-Go
- 1/12 - Shabbat with JF&CS
- 1/18 - Green City Growers (FF)
- 1/24 - Mark Tavenner (GF)
- 1/26 - Richard Hughes: Silent Movies (GF)
- 1/29 - Catholic Mass

## Weekly Events:

- Monday: Yoga with Keith
- Tuesday: Rosary with Julie
- Tuesday: Ana & Maria Pet Therapy
- Thursday: Tai Chi with Jill
- Friday: Paco & Christi from Pet Pals

## Special Notes:

Oh, the weather outside is frightful, but the activities are so delightful!

A big warm thank you to those who came out to our Holiday parties this past month! Now that the Holiday buzz is over, January will be a calm, quiet month as we put together some exciting new activities and events for 2018. We still have our old favorites like Mark Tavenner and Richard Hughes, coming each month as well as weekly Yoga and Tai Chi. For February, we are gearing up for both Valentine's day and the Olympic Winter Games.

Happy New Year and Stay Warm!!!

## January Birthdays:

- 1/3 - Barbara B.
- 1/7 - Tilla K.
- 1/9 - Alphonse C.
- 1/22 - Teeny L.

