



Rogerson House First Floor Activity Schedule December 2017



Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am	Meet & Greet	Today in History	Meet & Greet	News Currents	Meet & Greet	Meet & Greet	News and Views
10:00am	Current Events	Ball Toss	Dates to Celebrate	Morning Stretch	Remember When?	Today in History	Exercise
10:30am	Morning Stretch	Poetry Reading Yoga with Keith (11-11:30)	Exercise	Humorous Poetry Jingle Bells	Sing-A-Long Tai Chi with Jill (11-11:30)	Morning Stretch	When you were young Move & Groove
11:30am	Armchair Travel	Sing-A-Long	Famous Faces	Holiday Tunes Walking Club	Holiday Games	Faces & Places	Balloon Tennis Musical Games
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Hymn Sing	Animal Kingdom Music & Relaxation	Old Time Songs Rosary	Balloon Games Music & Relaxation	Famous Faces Music & Relaxation	Louise's Rocking Friday!	50's Favorites Songs
2:30pm	Conductorcise Sensory Art*	Soccer Community Art	Balloon Volleyball Good Vibrations	Sing-A-Long	Afternoon Sports	Ring Toss	Short Story Read-a-Loud
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	Presidential Trivia Tea Time*	State Trivia	Animal Kingdom Seasonal Art	Mark's Variety Hour Seasonal Art	Short Stories Watercolor Painting/ GCG*	Let's Sing: Holiday Tunes	News Currents Musical Parade
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00pm	Meditation and Relaxation	Jokes & Quotes	Hand Massages	Music and Meditation	Finish the Phrase	Travel Plans	Music and Meditation
7:00pm	Sensory Sundays	Chicken Soup for the Soul	Yoga with Anna	Story Hour	Hand Massages	Gentle Yoga Stretch	Poetry Reading

Please see reverse side for Special Events and Birthdays.

This schedule is subject to change.

KEY: Red= Sun Room
Blue= Living Room
Green= Art Room
Purple: Relaxation Room

Please see a member of the
Therapeutic Programming Team with
any questions.

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December Special Events:

- 12/2 - Mark Tavenner (FF)
- 12/7- Green City Growers (GF)
- 12/9- Holiday Performance:
Jasmine Burke-Williams
- 12/12-Soothing-Touch-To-Go
- 12/14- Family Christmas Party
- 12/15-Shabbat with JF&CS
- 12/17- Holiday Concert: Chestnut Hill School
- 12/18- Catholic Mass (Christmas Service)
- 12/19- Family Hanukkah Party
- 12/20- Mark Tavenner (GF)
- 12/21- Green City Growers (FF)
- 12/22 - Richard Hughes: Silent Movies (GF)

Weekly Events:

- Monday: Yoga with Keith
- Tuesday: Rosary with Julie
- Tuesday: Ana & Maria Pet Therapy
- Thursday: Tai Chi with Jill
- Friday: Paco & Christi from Pet Pals

Special Notes:

Happy Holidays! We have some holy, jolly upcoming events to celebrate the season of joy. In the second weekend in December, we'll have two special holiday performances. The first by Jasmine Burke-Williams of the Berea 7th Day Adventist Church, and the second with some of our young friends from the Chestnut Hill School.

And don't forget to RSVP by Dec. 11th for our grand Holiday Party on Dec 14th for participants, residents and families! We will also be hosting a Hanukkah service for our Jewish community on Dec 19th to rejoice in the festivals of lights!

December Birthdays:

- Connie C. 12/3
- Jill W. 12/15
- Liesbeth H.
12/22
- David B. 12/25
- Dorothy H. 12/26

