



# Rogerson House First Floor Activity Schedule November 2017



Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am	Meet & Greet	Today in History	Meet & Greet	News Currents	Meet & Greet	Meet & Greet	News and Views
10:00am	Current Events	Ball Toss	Dates to Celebrate	Morning Stretch	Remember When? Tai Chi with Jill	Today in History	Exercise
10:30am	Morning Stretch	Poetry Reading Yoga with Keith	Exercise	Humorous Poetry Move & Groove	Sing-A-Long	Morning Stretch	When you were young
11:30am	Armchair Travel	Sing-A-Long	Famous Faces	Mark's Variety Hour Broadway Tunes	Dance Party!	Faces & Places	Sports!
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Hymn Sing	Animal Kingdom Music & Relaxation	Old Time Songs Rosary	Balloon Volleyball Music & Relaxation	Famous Faces Music & Relaxation	Patriotic Songs	50's Favorites Songs
2:30pm	Conductorcise Sensory Clay-dough*	Soccer Community Art	Balloon Volleyball Healthy Rhythms	Sing-A-Long	Putting Green Musical Senses	Bowling	Short Story Read-a-Loud
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	Presidential Trivia Tea Time*	State Trivia	Animal Kingdom Spice Painting	Planet Earth Seasonal Art	Short Stories Watercolor Painting/ GCG	Louise's Rocking Friday!	News Currents
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00pm	Meditation and Relaxation	Jokes & Quotes	Hand Massages	Music and Meditation	Finish the Phrase	Travel Plans	Music and Meditation
7:00pm	Sensory Sundays	Chicken Soup for the Soul	Yoga with Anna	Story Hour	Hand Massages	Gentle Yoga Stretch	Poetry Reading

Please see reverse side for Special Events and Birthdays.

This schedule is subject to change.

**KEY:** Red= Sun Room  
Blue= Living Room  
Green= Art Room  
Purple: Relaxation Room

Please see a member of the Therapeutic Programming Team with any questions.

# Rogerson House First Floor Activity Schedule – November 2017

## November Special Events:

- 11/9 - Green City Growers (GF)
- 11/10 - Veteran's Day Ceremony
- 11/10 - Berklee Troubadours (GF)
- 11/11 - Mark Tavenner (FF)
- 11/14 - Soothing Touch Massage Therapy
- 11/15 - Mark Tavenner (GF)
- 11/17 - Shabbat with JF&CS
- 11/23 - Thanksgiving
- 11/27 - Catholic Mass
- 11/21 - Richard Hughes: Silent Movies
- 11/30 - Green City Growers (FF)

## Weekly Events:

- Monday: Yoga with Keith
- Tuesday: Rosary with Julie
- Tuesday: Ana & Maria Pet Therapy
- Thursday: Tai Chi with Jill
- Friday: Paco & Christi from Pet Pals

## Special Notes:

Turkeys beware; Thanksgiving will soon be upon us! Here at Rogerson House, the end of the year is filled with joy as we celebrate with families and friends. This month we will recognize those in our community who served in our military in our annual Veteran's Ceremony (11/10-in the morning). We will also be joined by the students of Berklee for a special performance by their Troubadours (11/10-after lunch).

In December, we will host our grand Holiday Party for participant, residents and families! Keep an eye out for an invitation in the mail with more information. A Hanukkah service will also be offered to our Jewish community to rejoice in the festivals of lights!

## November Birthdays:

- |                    |                  |
|--------------------|------------------|
| Claire T.-11/3     | Irwin G.-11/19   |
| Dean C.-11/5       | Deirdre C.-11/22 |
| Claire H.- 11/8    | Elanor D.-11/27  |
| Rosemary P.- 11/11 | Janice D.- 11/28 |
| Anna D.-11/15      |                  |
| Frances L.- 11/17  |                  |

