

Rogerson House Ground Floor Activity Schedule October 2017

| Time | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------|--|--|-----------------------------------|-------------------------------------|--|-------------------------------------|-------------------------------------|
| 9:30am | News & Views | Today in History | Current Events | Dates to Celebrate | Current Events | News and Views | Today in History |
| 10:00am | Expressive Movement | Exercise | Morning Stretch | Exercise | Tai Chi with Jill Scrabble Club | Morning Stretch | Exercise |
| 10:30am | Pictionary | Yoga with Keith Watercolor Painting | Anagrams Move & Groove | Mark's Variety Hour! | Poetry Discussion Musical Games | Alphabet Soup Songs of Hope | Poetry Writing |
| 11:30am | Singing Together | Name 10! | Remember When? Healthy Rhythms | Crossword Challenge Garden Club | Animal Kingdom Musical Memories | Laughter Club Music Appreciation | Octoband Stretch |
| 12:30pm | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:30pm | Fluff and Fold | Fluff and Fold | Fluff and Fold Rosary (on FF) | Fluff and Fold Art & Poetry | Fluff and Fold Baking Club | Fluff and Fold | Fluff and Fold Name 10! |
| 2:30pm | Name 10! or Creation Stations* | Baseball with MJ! | Conductorcise! Garden Art | Putting Green Musical Bingo | Bowling with MJ Sing-a-Long | Creation Stations | Balloon Volleyball Art in Motion |
| 3:30pm | Refreshments | Refreshments | Refreshments | Refreshments | Refreshments | Refreshments | Refreshments |
| 4:00pm | Lives and Times of the Arts Men's Club | Margaret's Variety Hour | Sing-A-Long Jewelry Making | Rhyme Time Ancient Civilizations | Women in History Music & Relaxation | Play Reading Art with Margaret | Spelling Bee Song Writing |
| 5:00pm | Exercise | Evening Stretch | Exercise | Evening Stretch | Exercise | Evening Stretch | Exercise |
| 5:30pm | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| 6:00pm | Evening News | Legends of the Big Screen! | Evening News | Evening News | Evening News | Evening News | News currents Evening News |
| 7:00pm | Sun. Night Musical! | Poetry Reading | Classic Movie Night | Wheel of Fortune and Jeopardy | Documentary | Comedy Night | Short Stories |

Please see reverse side for Special Events and Birthdays.

This schedule is subject to change.

KEY: Red= Sun Room
Blue= Living Room
Green= Art Room
Purple: Relaxation Room

Please see a member of the Therapeutic Programming Team with any questions.

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October Special Events:

- 10/4 - Rogerson House Met
- 10/7 - Mark Tavenner (FF)
- 10/10 - Soothing Touch Massage Therapy
- 10/12 - Green City Growers (GF)
- 10/4 - Rogerson House Met
- 10/18 - Mark Tavenner (GF)
- 10/20 - Shabbat with JF&CS
- 10/23 - Catholic Mass
- 10/25 - Berklee Performance "Cabaret"
- 10/26 - Green City Growers (FF)
- 10/27 - Richard Hughes: Silent Movies

Weekly Events:

- Monday: Yoga with Keith
- Tuesday: Rosary with Julie
- Tuesday: Ana & Maria Pet Therapy
- Thursday: Tai Chi with Jill
- Friday: Paco & Christi from Pet Pals

Special Notes:

A big thank you to all who donated and participated in this year's Walk To End Alzheimer's. We exceeded our \$15,000 goal with raising over \$18,000! We also had a great time at the Family BBQ and the JP Open Studios.

Photos from the walk and the BBQ have been posted to our facebook page. If you haven't already, please like our page to follow us. To request photos from events, or to give consent for posting please contact Margaret Hine at hine@rogerson.org.

October Birthdays:

- 10/6 - Ellen E.
- 10/6 – Eva T.
- 10/7 – Galina S.
- 10/26 – Ralph K.

