

Rogerson House Day Program Weekly Schedule – October 2017

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|--|---|--|-----------------------------------|
| 9:30 am | Breakfast Club | Breakfast Club | Breakfast Club | Breakfast Club | Breakfast Club |
| 10:00 am | Morning Stretch | Morning Stretch | Morning Stretch | Morning Stretch | Morning Stretch |
| 10:30 am | Songwriting Creation Stations | Celia's Variety Hour Singing Together | Word Play Art Interpretation | Art Through the Ages Jam Band | Get Up & Go! Tabletop Tourneys |
| 11:30 am | Yoga with Keith Name 10 with Marlene | Current Events Knitting Circle | Storycorps Music & Relaxation | Tai Chi Sweet Treats | Ted Talks Spa Session |
| 12:30 pm | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:30 pm | Music Games Jigsaw Puzzles | Movin' & Groovin' Poetry Corner | Marie's Travelogues Inspiration & Discussion | Drumming Circle Begin the Bejeweled | Music Appreciation Bingo! |
| 2:30-3:00 pm | Afternoon Tunes | Laughter Club | Piano Time | Sweet Snacks | Music with Allison |



Welcome interns!

This year we are fortunate to work with two fine interns who will assist us in the day program. Sarah is studying social work at Simmons University and will be with us every Monday. Keep an eye out for her Monday morning "Coffee Chat" in the family resource room! Lionel is a talented pianist and guitarist studying music therapy at Lesley University. He will be working with clients around the building and will work closely with Allison during the 2017-2018 academic year. Please help us welcome them to our community here at the Rogerson House!!

Please note that the day program is OPEN on Columbus Day (October 9).

If you have any questions or concerns, please speak to Allison.

Fitness First: M-Th **Manicurist:** Thursdays **Hairdresser:** Tuesdays

Upcoming Events:

10/1- JP Open Studios Family Reception 2:00-4:00
10/4, 10/18- Rogerson House MET
10/6, 10/20- Anna Higgins Story Writing
10/9- Columbus Day (Day Program OPEN)
10/27- Silent Movies with Richard Hughes
11/23- Thanksgiving Day (Day Program CLOSED)
11/24- Day Program Open

To provide you with the opportunity to speak with the full treatment team, Care Plans are ideally scheduled Mondays between 11:30 and 12:30

Drop Off/Continental Breakfast: 8:30-9:30am 3-course Hot Lunch: 12:30-1:30pm Refreshments available throughout the day