



Rogerson House First Floor Activity Schedule – August 2017



Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am	Current Events	Today in History	Meet & Greet	Dates to Celebrate <i>Walking Club</i>	Meet & Greet	Meet & Greet	News and Views
10:00am	Exercise	Morning Stretch	Current Events	Morning Stretch <i>Summertime Tunes</i>	Current Events	Current Events	Exercise
10:30am	<i>Where in the World</i>	<i>Alphabet Soup</i> <i>Yoga with Keith</i>	Exercise	<i>Golden Age of Film</i> <i>Summertime Tunes</i>	Exercise	Exercise	<i>Word Games</i>
11:30am	<i>Dance Party!</i>	<i>Drumming Together</i>	<i>Presidential Trivia</i>	<i>Name 10!</i> <i>Move & Groove</i>	<i>Sing-a-long</i> <i>Tai Chi with Jill</i>	<i>Famous Faces & Places</i>	<i>This Day in History</i>
12:30pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30pm	Fluff and Fold <i>Music & Relaxation</i>	Fluff and Fold <i>Music & Relaxation</i>	Fluff and Fold <i>Music & Relaxation</i> <i>Rosary</i>	Fluff and Fold <i>Music & Relaxation</i>	Fluff and Fold <i>Music & Relaxation</i>	Fluff and Fold <i>Music & Relaxation</i>	Fluff and Fold <i>Music & Relaxation</i>
2:30pm	<i>Putting Green</i> <i>Community Art</i>	<i>Soccer</i> <i>Open Art Studio</i>	<i>Balloon Volleyball</i> <i>3D Art Making</i>	<i>Sports!</i> <i>Armchair Travel</i>	<i>Dancing with Louise</i> <i>Instrument Improv!</i> <i>Garden Club</i>	<i>Golf</i> <i>The 60's Club</i>	<i>Short Story Read-a-Loud</i>
3:30pm	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	Refreshments
4:00pm	<i>News Currents</i>	<i>Singing Together</i> <i>Mini-Manicures</i>	<i>Animal Kingdom</i> <i>Garden Club</i>	<i>Sing-a-Long!</i> <i>Current Events</i>	<i>Poetry Discussion</i> <i>Sports with MJ</i>	<i>Friday Bingo!</i>	<i>Poetry</i>
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00pm	<i>Jokes & Quotes</i>	<i>Hand Massages</i>	<i>Meditation and Relaxation</i>	<i>Chicken Soup</i>	<i>Sing-a-Long</i>	<i>Spelling Bee!</i>	<i>Singing Together</i>
7:00pm	<i>Music History</i>	<i>Poetry Read-A-Loud</i>	<i>Yoga with Anna</i>	<i>Music & Meditation</i>	<i>Finish the Phrase</i>	<i>Hand Massages</i>	<i>Musical Games</i>

<p>Please see reverse side for Special Events and Birthdays.</p> <p style="margin-top: 10px;">This schedule is subject to change.</p>	<p>KEY:</p> <ul style="list-style-type: none"> Red= Sun Room Blue= Living Room Purple: Library Green= Art Room 	<p>Please see a member of the Therapeutic Programming Team with any questions.</p>
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August Special Events:

- 8/3- Green City Growers (FF)
- 8/4- Shabbat with JF & CS
- 8/5- Mark Tavenner (FF)
- 8/8 Soothing Touch Massage Therapy
- 8/9- Mark Tavenner (GF)
- 8/17- Green City Growers (GF)
- 8/18- Richard Hughes: Silent Movies
- 8/28- Catholic Mass
- 8/31- Green City Growers (FF)

Weekly Events:

- Monday: Yoga with Keith
- Tuesday: Rosary with Marie and Mary
- Tuesday: Ana & Maria Pet Therapy
- Thursday: Tai Chi with Jill
- Friday: Paco & Christi from Pet Pals

Special Notes:

Rogerson House has several special events coming up in September. Please "Save the Date" for our Annual Family BBQ on Wednesday, September 13th from 5:30-7:30pm. We also hope you can join us for Jamaica Plain Open Studios on September 23rd and the 2017 Walk to End Alzheimer's on September 24th!

August Birthdays:

- 8/5- Bob K.
- 8/13- Barbara M.
- 8/15- Mary F.
- 8/18- Lillian Z.
- 8/18- Jean O.
- 8/28- Deedee H.

