



## Rogerson House First Floor Activity Schedule – July 2017



Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am	Current Events	Today in History	Meet & Greet	Dates to Celebrate <i>Move &amp; Groove</i>	Meet & Greet	Meet & Greet	News and Views
10:00am	Exercise	Morning Stretch	Current Events	Morning Stretch <i>Move &amp; Groove</i>	Current Events	Current Events	Exercise
10:30am	<i>Where in the World</i>	<i>Animal Kingdom</i> <i>Yoga with Keith</i>	Exercise	<i>Chicken Soup</i> <i>Summer Concerts!</i>	Exercise	Exercise	<i>Word Games</i>
11:30am	<i>Dance Party!</i>	<i>Making Music</i>	<i>Stories of Gratitude</i>	<i>Baseball!</i> <i>Summer Concerts!</i>	<i>Sing-a-long</i> <i>Tai Chi with Jill</i>	<i>Famous Places</i>	<i>Chicken Soup</i>
12:30pm	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
1:30pm	Fluff and Fold <i>Music &amp; Relaxation</i>	Fluff and Fold <i>Music &amp; Relaxation</i>	Fluff and Fold <i>Music &amp; Relaxation</i> <i>Rosary</i>	Fluff and Fold <i>Music &amp; Relaxation</i>	Fluff and Fold <i>Music &amp; Relaxation</i> <i>Baking Club</i>	Fluff and Fold <i>Music &amp; Relaxation</i>	Fluff and Fold <i>Music &amp; Relaxation</i>
2:30pm	<i>Balloon Volleyball</i> <i>Community Art</i>	<i>Soccer</i> <i>High Tea</i>	<i>Tuesday Tee Time</i> <i>Garden Art</i>	<i>Laughter Club</i>	<i>Dancing with Louise</i> <i>The 60's Club</i> <i>Garden Club</i>	<i>Golf</i> <i>Creative Improv</i>	<i>Presidential Trivia</i> <i>Move &amp; Groove</i>
3:30pm	<b>Refreshments</b>	<b>Refreshments</b>	<b>Refreshments</b>	<b>Refreshments</b>	<b>Refreshments</b>	<b>Refreshments</b>	<b>Refreshments</b>
4:00pm	<i>News Currents</i>	<i>Singing Together</i> <i>Mini-Manicures</i>	<i>Name 10!</i> <i>Garden Club</i>	<i>Dancing with MJ!</i> <i>Current Events</i>	<i>Poetry</i> <i>Walking Club</i>	<i>Friday Bingo!</i>	<i>Poetry</i>
5:00pm	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise	Evening Stretch	Exercise
5:30pm	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
6:00pm	<i>Jokes &amp; Quotes</i>	<i>Trivia</i>	<i>Yoga with Anna</i>	<i>Short Stories</i>	<i>Hand Massages</i>	<i>Spelling Bee!</i>	<i>Singing Together</i>
7:00pm	<i>Music History</i>	<i>Hand Massages</i>	<i>Guided Meditation</i>	<i>Finish the Phrase!</i>	<i>Music &amp; Meditation</i>	<i>Hand Massages</i>	<i>Patriotic Tunes</i>

<p>Please see reverse side for Special Events and Birthdays.</p> <p style="text-align: center;">This schedule is subject to change.</p>	<p><b>KEY:</b></p> <ul style="list-style-type: none"> <li>Red= Sun Room</li> <li>Blue= Living Room</li> <li>Purple: Library</li> <li>Green= Art Room</li> </ul>	<p style="text-align: center;">Please see a member of the Therapeutic Programming Team with any questions.</p>
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### July Special Events:

- 7/2- Mark Tavenner (FF)
- 7/4- Happy Fourth of July!
- 7/6- Green City Growers (FF)
- 7/8- JP Porchfest!
- 7/11- Soothing Touch Massage Therapy
- 7/13- Crossroads Institute Volunteers
- 7/18- Bay Ridge Academy Volunteers
- 7/19- Mark Tavenner (GF)
- 7/20- Bay Ridge Academy Volunteers
- 7/20- Green City Growers (GF)
- 7/21- Richard Hughes: Silent Movies
- 7/24- Catholic Mass
- \*Date TBD- Shabbat with JF & CS

### Weekly Events:

- Monday: Yoga with Keith
- Tuesday: Rosary with Marie and Mary
- Tuesday: Ana & Maria Pet Therapy
- Thursday: Tai Chi with Jill
- Friday: Paco & Christi from Pet Pals

### Special Notes:

Rogerson House is looking forward to taking part in JP PorchFest on July 8<sup>th</sup>! PorchFest will take place throughout Jamaica Plain from 12pm-6pm and Rogerson House will have performances on our front lawn from 2pm-4pm.

**We hope you can join us!**

### July Birthdays:

- 7/2- Sonya L.
- 7/6- Sami K.
- 7/7- Sheryl S.
- 7/10- Adeline D.
- 7/18- James K.
- 7/18- Peter T.
- 7/21- Mary O.
- 7/26- Nurj K-H.
- 7/27- Susan B.
- 7/27- Helen Q.
- 7/27- Spencer M.

